

# You're Going Home! Now What?



We want you to be your best!  
Our **Going Home Guide®** shares what to expect,  
and how to maximize your recovery.

## WHAT TO EXPECT:

- You choose your home care company
- The hospital/rehab Case Manager coordinates your home care admission
- Your home care company calls to confirm your schedule
- A nurse and/or therapist will visit you about twice a week
- Home care updates your doctor on your progress

## HELPFUL HINTS

- If you need help at home, ask for caregiver services (you can start/stop your caregivers at any time)
- Ask questions! Your nurse/therapist want you to get better; they can even call your doctor for you!
- Don't quit home care until you are discharged by your doctor

**Cooperative Home Care is one of  
your home care options!**

**Why choose Cooperative**

