

# COOPERATIVE NEWS

Cooperative Home Care News

October 2016

## Happy October!

The start of October always brings such enthusiasm and excitement for the transition to cooler weather, and for classic fall activities like celebrating Halloween. Try making some of these spooky treats that are so easy, it's scary!

**Cupcake Spiders:** one box of cupcake or muffin mix (any flavor is fine); one container of dark chocolate frosting; black sprinkles; candy eyes or red hots; black licorice laces.

Bake and frost your cupcakes. Roll the freshly frosted cupcakes in the black sprinkles. Press two eyes into the center of the cupcake and insert eight black licorice "legs".

**Dark Chocolate Apples:** 4 apples; 4 apple sticks; one cup of dark chocolate chips.

Heat the dark chocolate in the microwave in 30 second increments, stirring each time until the chocolate is melted and smooth. Firmly insert the sticks into the top of each apple, then dip each apple in the chocolate, turning until all sides are coated. Place on parchment paper and refrigerate until the chocolate is firmly set.

**Halloween Bark:** two bags of chocolate chips; assorted goodies like mini pretzels, candy corn, candy eyes, M&M's, Reese's Pieces, etc. broken into bite-sized pieces.

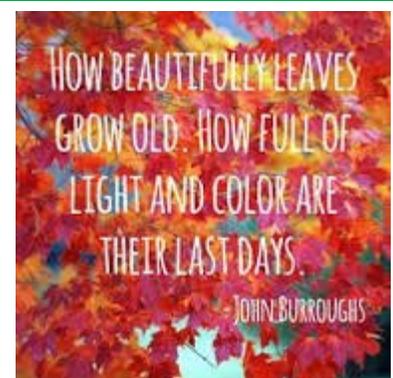
Heat the chocolate in the microwave in 30 second increments, stirring each time until the chocolate is melted and smooth. Pour evenly onto a cookie sheet lined with parchment paper. Sprinkle the pretzel and candy bites onto the top of the chocolate and refrigerate until the chocolate is firmly set. Carefully remove from the parchment paper and break into small pieces of "bark".

**Grilled Cheese Jack 'o Lanterns:** prepare your grilled cheese as usual, except cut out Jack 'o Lantern faces on the top side of your sandwich.



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- Happy October and Spooky Treats
- October Training Classes by Office; Halloween Jokes; Important Reminders for Our Caregivers



## OCTOBER TRAINING CLASSES

Please call the office hosting the class you want to attend, to confirm times and to reserve your seat.

### Franklin County

415 S. Main Street  
St. Clair, MO 63077  
636-629-5313

**No Training  
Scheduled**

### Jefferson County

1320 Commercial Blvd  
Herculaneum, MO 63048  
636-937-9449

**No Training  
Scheduled**

### St. Charles

4101 Mexico Road  
Suite A  
St. Peters, MO 63376  
636-441-7753

**Orientation:  
10/10—10/11**

Fairview Heights. IL  
618-394-5681

**CPR:  
Every Weds. & Fri.  
10am-12pm**

### St. Louis

1924 Marconi Ave  
St. Louis, MO 63110  
314-772-8585

**Orientation:  
10/3—10/4**

**Med Level 1:  
10/13—10/14**

**CPI: 10/21**

## Caregiver's Corner

Thank you very much for reading and following this important information. We are committed to your success.

- ⇒ Please arrive on time for training classes. If you are not present when the class begins, you will not be admitted into the class.
- ⇒ If your client cancels a shift, please call your Case Manager immediately, to inform him or her that this has happened.
- ⇒ Please review the training options listed above. If your CPR or other certification is due to expire, plan to attend a class to renew your certification before it expires.

### Halloween Jokes

*What did one ghost say to the other ghost?*

*“Do you believe in people?”*

*Who won the skeleton beauty contest?*

*No body!*

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