



1-800-HOMECARE (in MO)
618-466-3227 (in IL)

When Home Care May Help:

Fragility and/or unsteadiness
Fall risk and/or recent falls, with or without injury
Injuries, bumps and/or bruises appearing
Weight gain or loss
Missing medications and/or poorly organization medication system
Increasing difficulty hearing or seeing things
Missing bill payments, lagging household responsibilities
Increased confusion and/or anxiety
Repetitive questions and/or decreasing memory
Suspicion or even paranoia including people they previously trusted
Going out less, missing religious services, doctor, dentist or salon appointments



314-571-7855

When Hospice May Help:

Multiple hospitalizations over the last six months, possibly declining after each stay instead of recovering to previous function level
Decreasing communication (talking less)
Needing more help with activities of daily living including walking/moving their wheelchair, transferring, toileting
New or worsening pain
Decreasing participation in events previously enjoyed
Eating less and weight loss
Drinking less, dry skin, sunken eyes
Increased nervousness and/or agitation
Tired, weak, confused, drowsy and/or sleeping more
Changes in skin color/condition (pale and/or yellow skin, wounds and/or break down)

***Our Intake Nurse will take your call 24/7, answer your questions and schedule your free assessment when you are ready.
Thank you for choosing Cooperative Home Care!***