

Health at Home by Cooperative Home Care

1-800-HOMECARE (in MO) & 618-466-3227 (in IL) & Cooperative Hospice 314-571-7855

July 2016, Issue 28

Top Rated Movies of All Time to See This Summer

There is never a bad time to watch a great movie. Though we all have our favorites, here are a few of the top rated movies of all time that you can enjoy this summer!

MOVIES

1. The Shawshank Redemption (1994)

Two imprisoned men who bond over the years and find comfort and eventual redemption through acts of good behavior.

2. The Godfather (1972)

The patriarch of an organized crime dynasty transfers control of empire to his reluctant son.

3. Schindler's List (1993)

Oskar Schindler becomes concerned for his Jewish workforce after witnessing their persecution by the Nazis; Takes place in Poland during WWII

4. Citizen Kane (1941)

Following the death of a publishing tycoon, news reporters scramble to uncover the meaning of his final words.

5. Pulp Fiction (1994)

A boxer, a gangsters wife, two mob hit men, and a pair of diner bandits intertwine into four tales of violence and redemption

6. 12 Angry Men (1957)

A jury holdout attempts to prevent a failure of justice by forcing his colleagues to reconsider the evidence presented.

7. Fight Club (1999)

An office worker looking to change his life, crosses paths with a soap maker, looking to form an underground fight club.

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Brain Booster #1

Q: I travel all over the world, but always stay in my corner, what am I?

Brain Booster #2

Q: What has 13 hearts, but no other organs?

We are serving and celebrating in our 30th year! Watch for updates and pictures each month!



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What's in Season?

In July, Try Cucumbers, Tomatoes, Cantaloupe, Kiwi and Raspberries!

Top Classic Books to Read This Summer

1. Ulysses (by James Joyce)

The story chronicles the passage of Leopold Bloom through Dublin on June 16, 1904 and strikes parallels between Homer's epic poem The Odyssey.

2. Moby Dick (by Herman Melville)

Ishamel narrates about Captain Ahab's quest to find Moby Dick, the while whale, who on an earlier voyage destroyed his ship and severed his leg at the knee.

3. Hamlet (by William Shakespeare)

A tragedy about the revenge Prince Hamlet is called to inflict on his uncle, Claudius, by the ghost of his father, King Hamlet, who Claudius murdered.

4. 1984 (by George Orwell)

Winston Smith loses his identity living under a repressive regime. While working as a government employee whose job is to rewrite history in order to cast his country's leaders in a favorable light, Smith learns there is no escaping Big Brother.

5. The Catcher in the Rye (by J.D. Salinger)

The story takes place in the 1950s where Holden Caulfield, the narrator, does not disclose specifics about his location except that he is undergoing treatment in a mental hospital.

6. Pride and Prejudice (by Jane Austen)

The story centers around the Bennett family, particularly Elizabeth, who is one of five unmarried sisters that their mother, Mrs. Bennett, wishes to marry off.

7. The Great Gatsby (by F. Scott Fitzgerald)

Gatsby is known for his lavish parties each weekend at his mansion in West Egg and is suspected of being involved in illegal activities. The narrator of the story is Nick Carraway, Gatsby's neighbor in West Egg. Warm summer sun,
Shine kindly here,
Warm southern wind,
Blow softly here.
Green sod above,
Lie light, Lie light.
Good night, dear heart,
Good night, good night.

Brain Booster #1 Answer

Mark Twain, Warm Summer Sun

Q: I travel all over the world, but always stay in my corner, what am I?

A: A stamp

Brain Booster #2 Answer

Q: What has 13 hearts, but no other organs?

A: A deck of playing cards

<u>July Birthdays</u>

Cooperative Home Care, July 1st (1986-present)

Henry David Thoreau, July 12th (1817-1862)

Amelia Earhart, July 24th (1897-1939)